

## **Message from the Picture of Health team**

Our hearts and thoughts go out to the people who have been affected by this unprecedented global virus event. Please know that we are vigilantly monitoring the COVID-19 situation around the clock and have precautions in place to ensure a healthy visit to the Club.

The safety of our members and team members is our top priority. Below is an update on what we are doing.

### **Before You Visit**

You should have confidence when visit our Club that we are doing everything we can to ensure your health and safety. We are closely monitoring the latest UK government developments related to COVID-19 and following the guidance of public health officials. We are reinforcing these recommendations on the appropriate health and safety measures with our own Club team members.

### **During Your Visit**

We recognize that the COVID-19 virus has required all of us to be more mindful as we go through our regular activities. Daily, the POHC team is working to ensure that they meet the latest guidance from UK NHS on hygiene and cleaning. Our Club's health and safety measures are designed to address a broad spectrum of viruses, including COVID-19, and cover everything from handwashing hygiene and cleaning product specifications to equipment and common area cleaning procedures. We have made adjustments to our cleaning, our procedures, our services on offer and our food and drink offering to ensure a safe and healthy Club. We have ensured that our tables for seating are 2m apart.

## **Club services**

To ensure a healthy environment when you visit, we have decided to temporarily restrict some of our services on offer. We regret that the sauna, steam room, tanning cab and exercise classes are now temporarily suspended from use.

## **Access to the Club**

We understand that we are in a fast changing and uncertain time and that the ability to continue to operate or for you to visit the Club may be curtailed in the weeks ahead. We also understand any nervousness you may have about meeting in public places. However, at present we are confident that we are offering a healthy environment to swim and exercise. We have restricted access to the Club to members and their guests only and there will no longer be any access for non-members to participate in any club activity.